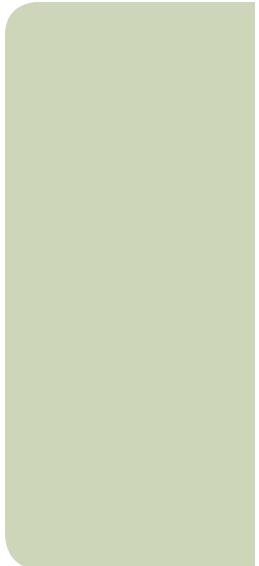


2016



## **Effekt av brukermedvirkning i institusjoner for barn og unge**

Systematisk litteratursøk med sortering

|                         |  |
|-------------------------|--|
| <b>Utgitt av</b>        | Folkehelseinstituttet,<br>Avdeling for kunnskapsoppsummering i Kunnskapssenteret   |
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# Hovedbudskap

Kunnskapssenteret for helsetjenesten ved Seksjon for velferdstjenester fikk i oppdrag av Barne-, ungdoms- og familieliderekatet å utføre et systematisk litteratursøk med påfølgende sortering av mulig relevante publikasjoner. Oppdraget var å identifisere publikasjoner om effekt av brukermedvirkning i institusjoner for barn og unge.

## Metode

Søk etter litteratur ble utført i februar 2016. En bibliotekar søkte i 11 samfunnsvitenskapelige og medisinske databaser fra år 2000 til februar 2016. To forskere gikk uavhengig av hverandre gjennom identifiserte referanser og vurderte relevans i forhold til inklusjonskriteriene.

## Resultater

Litteratursøket ga 3459 unike referanser.

Kun 1 relevant studie ble inkludert. Denne studien var en randomisert kontrollert studie som evaluerte en rådgivningsmetode for barn og unge, kalt «Counseling in dialogue». Metoden tok sikte på å øke kvaliteten på rådgivning samt barn og unges deltagelse i beslutninger (brukermedvirkning). Det er uklart om barna var i institusjon.

Vi fant også 19 andre publikasjoner som muligens kan være relevante selv om de ikke møtte inklusjonskriteriene.

Det fins begrenset internasjonal dokumentasjon om effekten av brukermedvirkning i institusjoner for barn og unge. I dette systematiske litteratursøket med sortering har vi ikke lest publikasjonene i fulltekst og dermed ikke vurdert studienes kvalitet. Vi har kun sortert referansene etter type basert på sammendragene.

### Tittel:

Effekt av brukermedvirkning i institusjoner for barn og unge

### Publikasjonstype:

Systematisk litteratursøk med sortering

Et systematisk litteratursøk med sortering er resultatet av å

- søke etter relevant litteratur ifølge en søkestrategi og
- eventuelt sortere denne litteraturen i grupper presentert med referanser og vanligvis sammendrag

### Svarer ikke på alt:

- Ingen kritisk vurdering av studienes kvalitet
- Ingen analyse eller sammenfatning av studiene
- Ingen anbefalinger

### Hvem står bak denne publikasjonen?

Kunnskapssenteret har gjennomført oppdraget etter forespørsel fra Barne-, ungdoms- og familieliderekatet

### Når ble litteratursøket utført?

Søk etter studier ble avsluttet februar 2016

# Key messages

The Norwegian Knowledge Centre was commissioned by the Norwegian Directorate for Children, Youth and Family Affairs to conduct a systematic literature search with a subsequent categorization of relevant research. The commission was to identify research on the effectiveness of user involvement in institutions for children and youth.

## Methods

In February 2016, a search specialist carried out the literature search in 11 social and medical scientific databases from 2000 to February 2016. Two researchers independently screened all identified references to assess inclusion according to predefined criteria.

## Results

The literature search resulted in 3459 unique references.

Only 1 relevant study was included. This study was a randomized controlled trial which evaluated a counselling method for children and youth, called "Counselling in dialogue". The method aimed to increase the quality of counselling and shared decision making by children and youth. It is unclear whether the children were in institutions.

We also identified 19 other publications that could be relevant, although they failed to meet the inclusion criteria.

There is limited international documentation about the effectiveness of user involvement for children and youth in institutions. In this systematic literature search we have not read the publications in full and hence not critically evaluated the studies. We have only sorted the references by type, based on the abstracts.

### Title:

Effects of user involvement in institutions for children and youth

### Type of publication:

Systematic reference list

A systematic reference list is the result of a search for relevant literature according to a specific search strategy.

The references resulting from the search are then grouped and presented with their abstracts

### Doesn't answer everything:

- No critical evaluation of study quality
- No analysis or synthesis of the studies
- No recommendations

### Publisher:

National Institute of Public Health

### Updated:

Last search for studies:  
February 2016

# Forord

Seksjon for velferdstjenester ved Kunnskapssenteret fikk i september 2015 i oppdrag av Barne-, ungdoms- og familieliderekatet å identifisere forskning om effekt av brukermedvirkning i institusjoner for barn og unge. Dette oppdraget skulle være et systematisk litteratursøk med sortering. Vi har derfor gjort systematiske litteratursøk, lest sammendrag i tråd med definerte inklusjonskriterier og sortert inkluderte studier etter type. Vi har ikke lest artiklene i sin helhet, vurdert studiene kvalitet eller sammenstilt resultatene, slik vi ville gjort det i en systematisk oversikt.

Prosjektgruppen har bestått av:

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*Prosjektleder*

# Innledning

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## Problemstilling

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Hva er effekt av brukermedvirkning i institusjoner for barn og unge?

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## Bakgrunn

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Barnas rett til å uttrykke sin mening og bli hørt er en av de fire grunnprinsippene i barnekonvensjonen. Brukermedvirkning er også et yrkesetisk prinsipp i sosialt arbeid. God kvalitet på arbeidet i institusjoner forutsetter at barna har innflytelse, og at deres erfaringer og synspunkter påvirker innholdet i hverdagen.

### **Barnekonvensjonen, barneloven og barnevernloven**

FNs barnekonvensjon ble vedtatt av FNs generalforsamling 20. november 1989 og trådte i kraft i Norge i 1991 (1). I 2003 ble den inkorporert i norsk lov gjennom menneskerettighetslovens § 2, nr. 4 (1). Hensynet til barnets beste er ett av hovedprinsippene barnekonvensjonen hviler på (2). Det betyr at Regjeringen og Stortinget skal jobbe for barns rettigheter i Norge. Barnekonvensjonen skal ivareta barns behov for medvirkning, beskyttelse og rett til hjelp i rett tid. Videre lyder Barnekonvensjonens artikkel 12 at det er barnets rett å uttrykke sin mening og å bli hørt. Barn skal dermed gis anledning til å delta og øve innflytelse i saker som gjelder dem selv. Dette er nedfelt i Barneloven § 31 (3). Det er i senere tid også foretatt endringer både i barnevernloven og barneloven slik at aldersgrensene ble senket fra 12 til 7 år når barn skulle høres i saker som angikk dem. Imidlertid uttalte en arbeidsgruppe i Barne-, ungdoms- og familie-direktoratet (4) at målsettingen bør være at barn under 12 år ikke plasseres i institusjon. Barna bør heller tilbys annet tiltak enn institusjon.

### **Brukermmedvirkning**

Brukermmedvirkning er en lovfestet rettighet, og er dermed ikke noe tjenesteapparatet kan velge å forholde seg til eller ikke, uttrykker Helsedirektoratet (5). Brukere har rett til å medvirke, og tjenesten har plikt til å involvere brukeren. Brukermedvirkning skal føre til bedre demokratiske tjenester med utgangspunkt i brukernes ønsker og behov. Når det gjelder barns og unges medvirkning i barnevernet er definisjon av medvirkning

følgende: «Med medvirkning forstås at barnet skal få tilstrekkelig og tilpasset informasjon og gis mulighet til fritt å gi uttrykk for sine synspunkter. Barnet skal bli lyttet til og barnets synspunkter skal tillegges vekt i samsvar med barnets alder og modenhet. Barn kan medvirke i egen sak ved å uttrykke sin forståelse, valg av preferanser gjennom verbal- og ikke verbal kommunikasjon. Medvirkningen skal ivareta barnets etniske, religiøse, kulturelle og språklige bakgrunn, herunder samiske barns språk og kultur» (6).

## **Individuell og kollektiv brukermedvirkning og brukermedvirkning på systemnivå**

Brukermedvirkning kan være både individuell og kollektiv. Ifølge Slettebø og medarbeidere (7) handler individuell brukermedvirkning om hvordan den enkelte bruker kan ha innflytelse i egen sak, mens formålet med kollektiv medvirkning er å forandre tjenestetilbudet med virkning for alle i samme situasjon. Kollektiv medvirkning kan foregå lokalt, men også overfor sentrale myndigheter for å påvirke lover og retningslinjer. Kollektiv brukermedvirkning er også beskrevet i forskriftene for internkontroll, jfr. § 4 e der det står at virksomheten skal «gjøre bruk av erfaringer fra tjenestemottakere og pårørende til forbedring av virksomheten» (8).

Brukermedvirkning på systemnivå innebærer at brukerne inngår i et likeverdig samarbeid med tjenesteapparatet og er aktivt deltagende i planleggings- og beslutningsprosesser, fra start til mål (9). Relevante tiltak for å fremme kritisk refleksjon hos de profesjonelle kan være faglig veiledning og kompetanseutvikling (10). Veiledningen kan også rette seg mot fagpersonenes holdninger, teori- og erfaringsbaserte begrunnelser for handlingsvalg, samt de faktiske valg de gjør i praksis (11). Sigstad Høybråten (11) uttrykker videre at en reell brukermedvirkning på systemnivå krever endring av strukturelle rammebetingelser og ledelsespraksis; et demokratisk arbeidsmiljø, som blant annet avhenger av ledelsens evne til delegering av myndighet nedover i organisasjonen.

Metoder som ivaretar brukermedvirkning er bl.a. individuell plan som er brukerens egen plan. Planen skal gjenspeile brukers behov, ønsker og mål. I følge Barnevernlovens § 3-2a har barnevernet plikt til å utarbeide individuell plan for bl.a. langvarige og koordinerte tiltak eller tjenester (12). Det er grunn til å anta at medvirkning bidrar til bedre livssituasjon for barn og unge. God kvalitet på arbeidet i institusjoner forutsetter at barna har innflytelse, og at deres erfaringer og synspunkter påvirker innholdet i hverdagen.

## **Begreper og definisjoner på institusjoner**

I det følgende redegjør vi for begreper og definisjoner benyttet i vår rapport. Begrep og definisjoner er gjengitt fra Barneombudets fagrappport 2015 (13).

*Døgninstitusjoner:* Betegnelsen døgninstitusjoner brukes når barn i psykisk helsevern er innlagt på institusjon på døgnbasis.

*Felles døgninstitusjoner:* Barnevern og psykisk helsevern gir forskjellige tilbud basert på ulike behov som gjenspeiles i det norske systemet og i regelverket. Imidlertid er det slik at barn ofte har behov for hjelp fra begge tjenestene (14). En forskningsrapport viser til at 3 av 4 barn og ungdommer på barnevernsinstitusjon har psykiske lidelser (15). I dag finnes det kun én felles døgninstitusjon i Norge og den er ved Levanger sykehus.

*Barnevernsinstitusjoner:* Felles betegnelse for institusjonene i barnevernet. Institusjonene kan være private, offentlige eller ideelle. Det finnes ulike typer barnevernsinstitusjoner, bl.a. akutt- og utredningsinstitusjoner, omsorgsinstitusjoner og ungdomsinstitusjoner.

*Psykisk helseverninstitusjoner:* Psykisk helseverninstitusjoner er samlebetegnelsen når en omtaler institusjoner i psykisk helsevern. I praksis dreier dette seg som oftest om avdelinger ved sykehusene, men det kan også være en egen institusjon.

### Barn og unge i institusjoner

På institusjonsområdet i Norge kan barn og unge plasseres i døgninstitusjon, rusbehandling, bo- og arbeidskollektiv, institusjonsbehandling innenfor psykisk helsevern og hybel/bosted med oppfølging (16). Plassering i barnevernsinstitusjoner (tidligere kalt barne- og ungdomshjem) for barn og unge kan være kortvarig eller av lengre tid. Institusjonene kan være statlige, kommunale eller private.

En sammenlikning av de nordiske land når det gjelder fosterhjem og institusjonsplasering av barn i alle aldre, viser svært ulik praksis. For barn under seks år er plasseringspraksisen i Sverige og Danmark svært lik. Over 80 % er plassert i fosterhjem. Norge skiller seg imidlertid ut ved at de nesten ikke har institusjonsplasseringer for denne aldersgruppen. I aldersgruppen 6-12 år skiller Danmark seg ut ved at 1/3 av plasserte barn er på institusjon mot under 10 % av barna i Norge og Sverige (17). Ifølge Lov om barnevernstjenester (Barnevernsloven) i Norge (2) skal institusjoner drives slik at barna selv kan bestemme i personlige saker og om samvær så lenge det er forenlig med barnets alder og modenhet.

### Barn og unge i barneverninstitusjoner

I følge informasjon fra Statistisk sentralbyrå (SSB) om barnevernsinstitusjoner i 2014, vises det til 6 % færre oppholdsdager enn året før (18)<sup>1</sup>. Totalt var det 437 908 oppholdsdøgn i løpet av året 2014 i barnevernsinstitusjon. I 2014 var 1227 barn og unge i barnevernsinstitusjon, hvorav 60 % var gutter. Videre er det flest gutter i institusjoner

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<sup>1</sup> Populasjonen i barnevernsstatistikken er barn og unge inntil 23 år (jf. barnevernloven § 1-3)

som eies av private (65 %). Barn under 13 år utgjorde 13 % av barn og unge i institusjon i 2014. Totalt 53 100 barn og unge fikk hjelpe- og omsorgstiltak fra barnevernet i løpet av 2014. Det har skjedd en økning i antall barn under omsorg av barnevernet i 2014. Det har også skjedd en økning i antall enslige mindreårige asylsøkere til Norge. De fleste enslige mindreårige asylsøkere er mellom 15 og 18 år og gutter (18).

## **Psykisk helsevern**

I 2014 ble ca. 55 000 barn og unge behandlet i psykisk helsevern hvorav 53 % var gutter (19). 95 % av behandlingstilbudet er poliklinisk omsorg. I 2014 var det 5 % av befolkningen under 18 år som mottok behandling. Det var bare 29 % som hadde registrert status for individuell plan (19).

Med utgangspunkt i oppdraget skulle vi identifisere og sortere forskning om effekt av brukermedvirkning i institusjoner for barn og unge.

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## **Styrker og svakheter ved litteratursøk med sortering**

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Ved litteratursøk med sortering gjennomfører vi systematiske litteratursøk i elektroniske databaser for en gitt problemstilling.

Ved en full systematisk forskningsoversikt ville vi ha innhentet artiklene i fulltekst for å vurdere om de tilfredsstilte inklusjonskriteriene. Vi ville deretter ha vurdert kvaliteten på de inkluderte studiene i henhold til våre sjekklister for metodisk kvalitet. Til slutt ville vi ha sammenstilt og diskutert resultatene. Ved litteratursøk med sortering innhenter vi ikke publikasjoner i fulltekst. Det gjør at vi kan komme til å inkludere publikasjoner som ville vist seg ikke å være relevante hvis vi hadde lest gjennom artiklene i full tekst. Resultatene fra søket blir grundig gjennomgått for å ekskludere ikke-relevante publikasjoner. Dette gjør vi basert på tittel og eventuelt sammendrag. Ved litteratursøk med sortering gjennomfører vi ingen kvalitetsvurdering av studienes metodiske kvalitet og heller ingen sammenstilling av resultatene. Vi har sorterer de inkluderte publikasjonene etter innhold slik det fremkommer av sammendrag.

# Metode

## Inklusjonskriterier

**Populasjon:** Barn (0-23) som er plassert i institusjon for omsorg og eller behandling.

Med institusjon menes:

- Barnevernsinstitusjoner (tidligere kalt barne- og ungdomshjem). Barn og unge kan plasseres kortvarig eller for noe lengre tid. Institusjonene er statlige, kommunale eller private (20).
- Psykiske helseverninstitusjoner.
- Sykehus.
- Døgninstitusjoner.  
Døgninstitusjoner er som regel en institusjon/gruppehjem der barn og/eller ungdom bor og er passet på av voksne (som ikke er i slekt med beboerne). Institusjoner kan tas i bruk av flere årsaker, fra å yte omsorg til barn uten forldre til å behandle ungdom med rusproblemer. Det finnes mange ulike begrep knyttet til barnevernsinstitusjoner, som har ulike betydninger avhengig av hvilket land de brukes i (21).
- Behandlingshjem ('residential treatment home'): Behandlingshjem er et begrep som dekker flere typer døgninstitusjoner der beboerne har behov for en eller annen form for behandling. Alle behandlingshjem for barn og ungdom har til felles at behandlingsregimet krever at barn og ungdom (vanligvis 8-10 år) bor utenfor familiehjem og i en ikke-familielignende setting (det vil si ikke fosterhjem) (22).
- Gruppehjem: Et gruppehjem kan strengt tatt defineres som et tett, lite samfunnsbasert bokollektiv som er eid av enten myndighetene eller av private aktører, og der barn og ungdom blir tatt vare på av ansatte. De kan variere avhengig av turnusordning, størrelse, og plasseringshjemmel. De kan også eksistere som en enhet i en større institusjon eller som en helt uavhengig enhet (23).

**Tiltak:** Brukermedvirkning.

Brukermedvirkning er et begrep som er satt sammen av bruker og medvirkning. Brukermedvirkning kan beskrives med ulike grader av medvirkning. Helsedirektoratet (5) definerer brukermedvirkning innenfor feltene psykisk helse og rus som følger: «En bruker er en person som benytter seg av relevante tjenester i en eller annen form. I Plan for brukermedvirkning defineres bruker som en person som har behov for eller nyttiggjør seg tjenester innen det psykisk helsefeltet eller i rusfeltet». Brukermedvirkning kan inndeles i følgende:

- Individuell brukermedvirkning: Innflytelse av tjenestetilbudet på individnivå. Medvirke i valg, utforming og anvendelse av tilbud. Bl.a. bruk av individuell plan. Individuell plan er brukerens egen plan og skal utarbeides sammen med bruker. Planen gjenspeiler brukerens behov, ønsker og mål.
- Kollektiv brukermedvirkning: Forandring av tjenestetilbudet med virkning for alle i samme situasjon.
- Brukermedvirkning på systemnivå: På systemnivå vil brukermedvirkning innebære at brukerne inngår i et likeverdig samarbeid med tjenesteapparatet og er aktivt deltagende i planleggings- og beslutningsprosesser, fra start til mål.

Brukermedvirkning – enten det er individ-, kollektiv- eller systemnivå – innebærer at bruker er med på å utforme tilbuddet sammen med fagfolk.

**Sammenligning:** Ingen brukermedvirkning, annet tiltak.

**Utfall:** Livskvalitet, fysisk og mental helse, mestring, helseatferd (f.eks. antisosial atferd).

**Studiedesign:** Oversikter over oversikter, systematiske oversikter, randomiserte kontrollerte studier (RCT), klynge-randomiserte kontrollerte studier, ikke randomiserte kontrollerte studier, kontrollerte før-og-etter studier, cohort-studier med kontrollgruppe og avbrutte tidsserieanalyser.

Vi inkluderte alle empiriske studier og systematiske oversikter publisert fra år 2000 som har sett på effekt av brukermedvirkning blant barn. Med studie mener vi en vitenskapelig undersøkelse med empiriske data som beskriver metode som *studiedesign*, *dataloginsamlingsmetode* og *analysemetode*. Ett eller flere av disse elementene må fortrinnsvis indikeres i publikasjonens sammendrag/abstrakt for at studien skal inkluderes i dette systematiske søket.

**Språk:** Vi inkluderte alle språk så lenge det fantes et engelsk eller skandinavisk abstract/sammendrag.

År: 2000-2016.

### Eksklusjonskriterier:

- Voksne over 23 år
- Barn og unge med bare somatisk sykdom, f.eks. kreft
- Studier publisert før 2000
- Ikke-empiriske studier

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### Litteratursøking

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Søkestrategien ble utarbeidet av forskningsbibliotekar Lien Nguyen. Vi søkte systematisk etter litteratur i følgende databaser: MEDLINE (Ovid), EMBASE (Ovid), PsycINFO (Ovid), CINAHL (EBSCO), The Campbell Library, Cochrane Library, Epistemonikos, Web of Science Core Collection (SCI-EXPANDED & SSCI), SweMed+, ProQuest (Sociological Abstracts & Social Services Abstracts).

Søket besto av emneord og tekstord som barn/unge, brukermedvirkning og institusjoner. Det ble avgrenset til år 2000 og nyere. Søket ble avsluttet i februar 2016. Den fullstendige søkerestrategien er vist i Vedlegg 1.

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### Artikkelutvelging

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To forskere (NK og JM/RB) gjorde uavhengig av hverandre vurderinger av titler og sammendrag mot inklusjons- og eksklusjonskriteriene. Ved uenighet om inklusjon konfererte vi med en tredje person for å avgjøre spørsmålet.

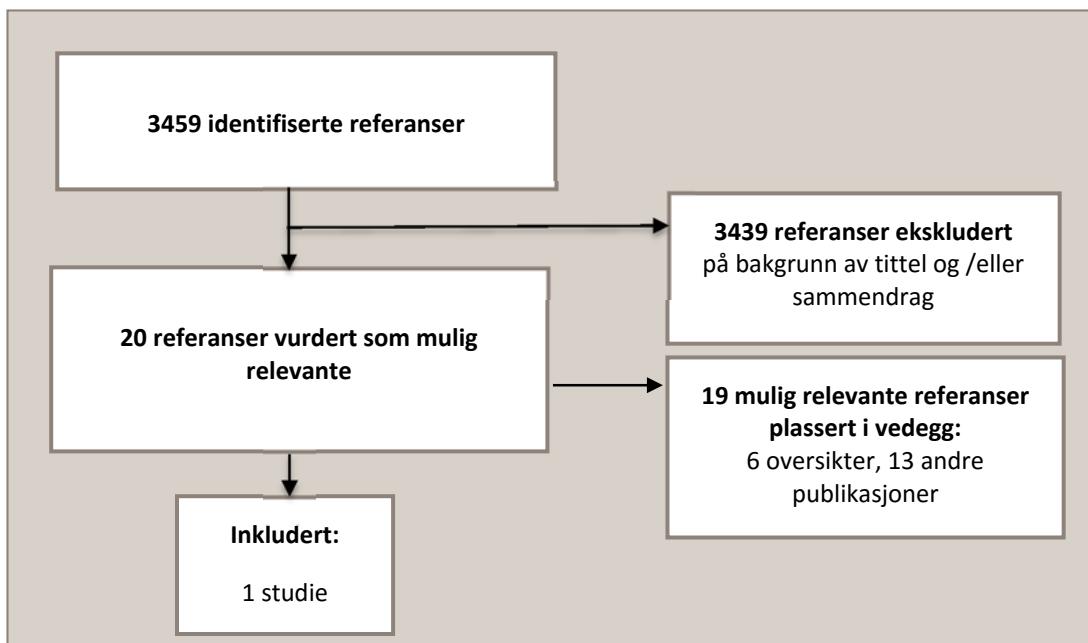
Utvælging av litteratur ble kun gjort basert på tittel og sammendrag i henhold til inklusjonskriteriene. Vi bestilte ikke fulltekst av artiklene.

Kun basert på sammendragene var det i noen tilfeller vanskelig å avgjøre hvorvidt en publikasjon var relevant. Etter diskusjon valgte vi derfor å legge noen mulig relevante publikasjoner i et vedlegg.

# Resultater

## Resultat av søk

Søket resulterte i 3459 referanser totalt etter dublettsjekk. Vi vurderte 20 av de identifiserte referansene til å være mulig relevant i henhold til inklusjonskriteriene. Hovedårsaken til eksklusjon var at publikasjonene ikke omhandlet brukermedvirkning for barn og unge og ikke var kontrollerte studier. Utvelgelsesprosessen er illustrert i Figur 1.



Figur 1. Flytskjema over identifisert litteratur

Av de 20 mulig relevante publikasjonene fant vi én studie som vi inkluderte, selv om vi var usikker på hvorvidt barn og unge i denne studien var i institusjon.

I tillegg var det 19 andre publikasjoner som kunne være relevante for oppdragsgiver. Disse publikasjonene møtte ikke de formelle inklusjonskriteriene og vi la disse i et vedlegg (Vedlegg 2). Publikasjonene omhandlet ulike former for medvirkning i andre populasjoner enn barn og unge, var ikke kontrollerte studier og var ikke tilknyttet institusjon.

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## Resultat av sorteringen

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### Inkluderte studier

Vi fant 20 publikasjoner, hovedsakelig tidsskriftsartikler, som var mulig relevante for problemstillingen. Av disse var det én studie som så ut til å møte inklusjonskriteriene. Det var en randomisert kontrollert studie som evaluerte en rådgivningsmetode for barn og unge, kalt «Counseling in dialogue». Rådgivningsmetoden tok sikte på å øke både kvaliteten på rådgivning og barn og unges deltagelse i beslutninger (brukermedvirkning). Det er uklart om barna var i institusjon. Referansen og abstraktet til denne studien finnes i vedlegg 2 (tabell 1).

### Andre mulig relevante studier

Av de 20 mulig relevante publikasjonene ekskluderte vi 19, men disse publikasjonene er likevel av mulig interesse for oppdragsgiver og er derfor lagt i vedlegg. I vedlegg 2 er de 19 publikasjonene sortert slik:

- a) 6 oversikter om brukermedvirkning, hvorav 2 norske (tabell 2)
- b) 5 studier om brukermedvirkning i institusjoner/sentre for mental helse, hvorav 2 norske (tabell 3)
- c) 6 studier om brukermedvirkning i barnevern, hvorav 3 norske (tabell 4)
- d) 2 andre studier (tabell 5).

Sorteringen i de ulike kategoriene er kun basert på tilgjengelig informasjon fra sammendragene. I noen tilfeller var det vanskelig å skille mellom *ulike former for brukermedvirkning*, fordi begrepsbruken varierer noe.

I vedlegg 2 presenterer vi den ene inkluderte studien i tabell 1. I tabell 2-5 presenterer vi de andre mulig relevante publikasjonene, i henhold til sorteringen beskrevet over (a-d). I første kolonne i tabellene oppgir vi forfattere, publikasjonsår, tittel på publikasjonen og publikasjonssted. I andre kolonne gjengir vi sammendrag av artiklene slik det fremkommer i de elektroniske databasene eller i selve dokumentet. I tredje kolonne har vi satt inn et emnesteikkord for hver publikasjon for å kunne gi en rask oversikt (eksempelvis type brukermedvirkning). I tillegg oppgir vi type publikasjon. Innenfor kategorien 'oversikt' (tabell 2) er referansene sortert etter navn på type oversikt. For øvrig er referansene sortert etter tema (tabell 3, 4 og 5).

I dette systematiske litteratursøket med sortering har vi ikke lest publikasjonene i fulltekst, og vi har dermed ikke vurdert studiens metodiske kvalitet eller sammenstilt resultatene. Kvalitetsvurdering og sammenstilling inngår når vi utfører en full systematisk oversikt.

# Referanser

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# Vedlegg

## Vedlegg 1 - Søkestrategi

**Database: Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations, Ovid MEDLINE(R) Daily and Ovid MEDLINE(R) 1946 to Present**

Dato: 25.02.2016

Treff: 782

| #  | Searches                           | Results |
|----|------------------------------------|---------|
| 1  | Adolescent/                        | 1702639 |
| 2  | Child/                             | 1451221 |
| 3  | Child, Abandoned/                  | 467     |
| 4  | Child, Orphaned/                   | 509     |
| 5  | Child, Preschool/                  | 787221  |
| 6  | Child, Unwanted/                   | 287     |
| 7  | Minors/                            | 2314    |
| 8  | Homeless Youth/                    | 1040    |
| 9  | Young Adult/                       | 474519  |
| 10 | or/1-9                             | 2774069 |
| 11 | exp Child Welfare/                 | 28509   |
| 12 | Child Protective Services/         | 23      |
| 13 | Custodial Care/                    | 180     |
| 14 | exp Social Work/                   | 16061   |
| 15 | Foster Home Care/                  | 3143    |
| 16 | Group Homes/                       | 871     |
| 17 | Halfway Houses/                    | 1038    |
| 18 | Orphanages/                        | 364     |
| 19 | Hospitals, Psychiatric/            | 23651   |
| 20 | Institutionalization/              | 4912    |
| 21 | Inpatients/                        | 14974   |
| 22 | Mental Health Services/            | 27168   |
| 23 | Child Health Services/             | 18235   |
| 24 | Rehabilitation Centers/            | 7277    |
| 25 | Residential Facilities/            | 4814    |
| 26 | Residential Treatment/             | 2780    |
| 27 | Substance Abuse Treatment Centers/ | 4709    |
| 28 | or/11-27                           | 145550  |
| 29 | 10 and 28                          | 59942   |

|    |  |         |
|----|--|---------|
| 30 | Child, Institutionalized/  | 1755    |
| 31 | Adolescent, Institutionalized/   | 113     |
| 32 | or/29-31   | 61294   |
| 33 | Decision Making/   | 74024   |
| 34 | Consumer Participation/  | 14731   |
| 35 | Patient Participation/   | 19519   |
| 36 | Patient Rights/  | 6186    |
| 37 | ((decision* adj1 mak*) or decision-mak* or ((user* or consumer* or client*) adj involvement?)).tw.   | 92910   |
| 38 | or/33-37   | 173635  |
| 39 | 32 and 38  | 1763    |
| 40 | ((child adj (custody or protect* or welfare)) or social work* or out of home or (foster adj (home? or car?))).tw.  | 17728   |
| 41 | (orphanage? or halfway house? or group home? or ((boy? or girl? or community) adj home?)).tw.  | 1735    |
| 42 | ((mental adj (institution? or health or hospital?)) or (residential* adj3 (care or institution* or facilit* or treatment* or therap* or program*)) or institutionali*).tw.   | 110439  |
| 43 | (psychiatric hospital* or rehabilitation cent* or treatment cent*).tw.   | 19366   |
| 44 | or/40-43   | 144335  |
| 45 | ((adolescent* or child or children or boy? or girl? or juvenile? or kid? or minor? or preschool or pubescent? or teen? or teenager? or under-age* or under-age* or youngster? or youth or (young adj (adult? or m?n or wom?n or people or person?))) adj3 ((decision adj1 mak*) or decision-mak* or ((user* or consumer* or client*) adj involvement?) or view* or voice* or choice* or perspective* or opinion*)).tw.   | 8191    |
| 46 | 44 and 45  | 475     |
| 47 | 39 or 46   | 2191    |
| 48 | Randomized Controlled Trial/   | 407647  |
| 49 | Non-randomized controlled trials as topic/   | 43      |
| 50 | Controlled Clinical Trial/   | 90142   |
| 51 | Multicenter Study/   | 194463  |
| 52 | Pragmatic Clinical Trial/  | 248     |
| 53 | exp Epidemiologic Studies/   | 1836395 |
| 54 | Observational Study/   | 18160   |
| 55 | Observational Study as Topic/  | 1198    |
| 56 | Cluster Analysis/  | 47805   |
| 57 | (randomis* or randomiz* or randomly or trial or intervention? or effect? or impact? or multicenter or multi center or multicentre or multi centre or controlled or (before adj5 after) or (pre adj5 post) or ((pretest or pre test) and (posttest or post test)) or quasiexperiment* or quasi experiment* or evaluat* or time series or time point? or repeated measur* or cohort* or observation stud* or observational* or ((control* or compar*) adj (group* or area* or site*))) or nonexperimental or non-experimental or cluster* or panel stud* or parallel design or comparative stud* or correlational stud*).tw. | 7834664 |
| 58 | Meta-Analysis/   | 61830   |
| 59 | Meta-Analysis as Topic/  | 14501   |

|    |   |          |
|----|---|----------|
| 60 | ((systematic* adj2 (review* or overview*)) or overview of overview* or meta-analy* or metaanaly*).tw. | 141403   |
| 61 | Review.pt. and (pubmed or medline).tw.  | 72507    |
| 62 | or/48-61  | 8738632  |
| 63 | 47 and 62   | 968      |
| 64 | exp Animals/  | 19871292 |
| 65 | Humans/   | 15680471 |
| 66 | 64 not (64 and 65)  | 4190821  |
| 67 | (news or editorial or comment).pt.  | 1084244  |
| 68 | 63 not (66 or 67)   | 961      |
| 69 | limit 68 to yr="2000-Current"   | 786      |
| 70 | remove duplicates from 69   | 782      |

### Database: [Ovid] PsycINFO 1806 to February Week 2 2016

Dato: 25.02.2016

Treff: 1037

| #  | Searches  | Results |
|----|---|---------|
| 1  | ("100" or "160" or "180" or "200" or "320").ag.   | 936019  |
| 2  | Child Welfare/  | 6776    |
| 3  | Child Custody/  | 2684    |
| 4  | Protective Services/  | 2316    |
| 5  | Social Casework/  | 14988   |
| 6  | Foster Care/  | 4602    |
| 7  | Group Homes/  | 1033    |
| 8  | Halfway Houses/   | 289     |
| 9  | Orphanages/   | 305     |
| 10 | Psychiatric Hospitals/  | 7348    |
| 11 | Institutionalization/   | 3433    |
| 12 | Psychiatric Hospitalization/  | 6470    |
| 13 | Mental Health Services/   | 29254   |
| 14 | Mental Health Programs/   | 4319    |
| 15 | Rehabilitation Centers/   | 564     |
| 16 | Residential Care Institutions/  | 9251    |
| 17 | Treatment Facilities/   | 1452    |
| 18 | Therapeutic Camps/  | 256     |
| 19 | or/6-18   | 64165   |
| 20 | 1 and 19  | 17820   |
| 21 | Decision Making/  | 57638   |
| 22 | *Empowerment/   | 4330    |
| 23 | Client Participation/   | 1549    |
| 24 | Client Rights/  | 1543    |
| 25 | ((decision* adj1 mak*) or decision-mak* or ((user* or consumer* or client*) adj involvement?)).ti,ab. | 73632   |
| 26 | or/21-25  | 99474   |
| 27 | 20 and 26   | 479     |

|    |   |         |
|----|---|---------|
| 28 | ((child adj (custody or protect* or welfare)) or social work* or out of home or (foster adj (home? or car*)) or orphanage? or halfway house? or group home? or ((boy? or girl? or community) adj home?) or (mental adj (institution? or health or hospital?)) or (residential* adj3 (care or institution* or facilit* or treatment* or therap* or program*)) or institutionali* or psychiatric hospital* or rehabilitation cent* or treatment cent*).ti,ab. | 211774  |
| 29 | ((adolescent* or child or children or boy? or girl? or juvenile? or kid? or minor? or preschool or pubescent? or teen? or teenager? or under-age* or under-age* or youngster? or youth or (young adj (adult? or m?n or wom?n or people or person?))) adj3 ((decision adj1 mak*) or decision-mak* or ((user* or consumer* or client*) adj involvement?) or view* or voice* or choice* or perspective* or opinion*).ti,ab.                                    | 13867   |
| 30 | 28 and 29   | 1552    |
| 31 | 27 or 30  | 1994    |
| 32 | (empirical study or prospective study or quantitative study or "treatment outcome/clinical trial").md.  | 1968406 |
| 33 | Experimental Design/  | 10104   |
| 34 | Between Groups Design/  | 106     |
| 35 | Quantitative Methods/   | 2713    |
| 36 | Quasi Experimental Methods/   | 139     |
| 37 | (randomis* or randomiz* or randomly or controlled or evaluat* or time series or time point? or quasi experiment* or quasiexperiment* or (before adj5 after) or (pre adj5 post) or ((pretest or pre test) and (posttest or post test)) or multicenter study or multicentre study or multi center study or multi centre study or repeated measur*).ti,ab.   | 612192  |
| 38 | (trial or effect? or impact? or intervention?).ti.  | 377844  |
| 39 | or/32-38  | 2283354 |
| 40 | Observation Methods/  | 4908    |
| 41 | Cohort Analysis/  | 1171    |
| 42 | Longitudinal Studies/   | 15236   |
| 43 | Experiment Controls/  | 844     |
| 44 | Pretesting/   | 231     |
| 45 | Posttesting/  | 133     |
| 46 | Time Series/  | 1614    |
| 47 | Repeated Measures/  | 619     |
| 48 | Cluster Analysis/   | 3168    |
| 49 | (cohort* or observation stud* or observational* or ((control* or compar*) adj (group* or area* or site*))) or associated factor* or nonexperimental or non-experimental or cluster* or panel stud* or parallel design or comparative stud* or correlational stud*).ti,ab.   | 203633  |
| 50 | or/40-49  | 223640  |
| 51 | Meta Analysis/  | 3785    |
| 52 | Systematic Review.md.   | 13327   |
| 53 | Meta Analysis.md.   | 14209   |
| 54 | ((systematic* adj2 (review* or overview*)) or overview of overview* or meta-analy* or metaanaly*).ti,ab.  | 36044   |
| 55 | (review and (pubmed or medline)).ti,ab.   | 10021   |
| 56 | or/51-55  | 43956   |

|    |                               |         |
|----|-------------------------------|---------|
| 57 | or/39,50,56                   | 2337620 |
| 58 | 31 and 57                     | 1310    |
| 59 | limit 58 to yr="2000-Current" | 1039    |
| 60 | remove duplicates from 59     | 1037    |

**Database: [Ovid] Embase 1974 to 2016 February 24**

Dato: 25.02.2016

Treff: 384

| #  | Searches                        | Results |
|----|---------------------------------|---------|
| 1  | Adolescent/                     | 1332802 |
| 2  | exp Child/                      | 2283484 |
| 3  | Child, Orphaned/                | 405     |
| 4  | Child, Unwanted/                | 16375   |
| 5  | Child, Abandoned/               | 16375   |
| 6  | Homeless Youth/                 | 8825    |
| 7  | Minors/                         | 275     |
| 8  | Young Adult/                    | 121720  |
| 9  | or/1-8                          | 3024756 |
| 10 | Child Welfare/                  | 16375   |
| 11 | Child Custody/                  | 62      |
| 12 | Social Work/                    | 21542   |
| 13 | Foster Care/                    | 3893    |
| 14 | Custodial Care/                 | 119     |
| 15 | Residential Home/               | 6076    |
| 16 | Halfway House/                  | 1050    |
| 17 | Orphanage/                      | 726     |
| 18 | Mental Hospital/                | 28161   |
| 19 | Institutionalization/           | 7479    |
| 20 | *Hospital Patient/              | 15468   |
| 21 | *Mental Health Service/         | 26286   |
| 22 | *Mental Health Care/            | 8708    |
| 23 | Residential Care/               | 10117   |
| 24 | Health Care Facility/           | 58339   |
| 25 | Rehabilitation Center/          | 10823   |
| 26 | *Child Health Care/             | 19060   |
| 27 | or/13-26                        | 185863  |
| 28 | 9 and 27                        | 38863   |
| 29 | *Child, Institutionalized/      | 2884    |
| 30 | *Adolescent, Institutionalized/ | 38584   |
| 31 | or/28-30                        | 78750   |
| 32 | *Decision Making/               | 45747   |
| 33 | *Patient Participation/         | 7191    |
| 34 | *Patient Right/                 | 4078    |
| 35 | *Empowerment/                   | 616     |

|    |  |         |
|----|--|---------|
| 36 | ((decision* adj1 mak*) or decision-mak* or ((user* or consumer* or client*) adj involvement?)).tw.   | 121337  |
| 37 | or/32-36   | 161869  |
| 38 | 31 and 37  | 1239    |
| 39 | ((child adj (custody or protect* or welfare)) or social work* or out of home or (foster adj (home? or car?))).tw.  | 23691   |
| 40 | (orphanage? or halfway house? or group home? or ((boy? or girl? or community) adj home?)).tw.  | 1310    |
| 41 | ((mental adj (institution? or health or hospital?)) or (residential* adj3 (care or institution* or facilit* or treatment* or therap* or program*)) or institutionali*).tw.   | 141414  |
| 42 | (psychiatric hospital* or rehabilitation? or treatment center or treatment centres).tw.  | 180802  |
| 43 | or/39-42   | 335898  |
| 44 | ((adolescent* or child or children or boy? or girl? or juvenile? or kid? or minor? or preschool or pubescent? or teen? or teenager? or under-age* or under-age* or youngster? or youth or (young adj (adult? or m?n or wom?n or people or person?))) adj3 ((decision adj1 mak*) or decision-mak* or ((user* or consumer* or client*) adj involvement?) or view* or voice* or choice* or perspective* or opinion*)).tw. | 10250   |
| 45 | 43 and 44  | 730     |
| 46 | 38 or 45   | 1946    |
| 47 | Randomized Controlled Trial/   | 395697  |
| 48 | Controlled Clinical Trial/   | 392092  |
| 49 | Quasi Experimental Study/  | 2779    |
| 50 | Pretest Posttest Control Group Design/   | 249     |
| 51 | Time Series Analysis/  | 16566   |
| 52 | Experimental Design/   | 12071   |
| 53 | Multicenter Study/   | 132656  |
| 54 | Pretest Posttest Design/   | 964     |
| 55 | (randomis* or randomiz* or randomly or trial or intervention? or effect? or impact? or multicenter or multi center or multicentre or multi centre or controlled or (before adj5 after) or (pre adj5 post) or ((pretest or pre test) and (posttest or post test)) or quasiexperiment* or quasi experiment* or evaluat* or time series or time point? or repeated measur*).tw.   | 9335856 |
| 56 | Observational Study/   | 85266   |
| 57 | Cohort Analysis/   | 231794  |
| 58 | Cluster Analysis/  | 41992   |
| 59 | Longitudinal Studies/  | 65899   |
| 60 | Comparative Study/   | 700152  |
| 61 | Controlled Study/  | 4845216 |
| 62 | Control Group/   | 86828   |
| 63 | Correlational Study/   | 17892   |
| 64 | Parallel Design/   | 4836    |
| 65 | Quantitative Study/  | 8083    |
| 66 | Panel Study/   | 479     |
| 67 | Exploratory Research/  | 4144    |
| 68 | Pretest Posttest Control Group Design/   | 249     |

|    |  |          |
|----|--|----------|
| 69 | Pretest Posttest Design/   | 964      |
| 70 | (cohort* or observation stud* or observational* or ((control* or compar*) adj (group* or area* or site*))) or nonexperimental or non-experimental or cluster* or panel stud* or parallel design or comparative stud* or correlational stud*).tw. | 1497474  |
| 71 | Meta Analysis/   | 104599   |
| 72 | Systematic Review/   | 101996   |
| 73 | ((systematic* adj2 (review* or overview*)) or overview of overview* or meta-analy* or metaanaly*).tw.  | 182335   |
| 74 | (review and (pubmed or medline)).tw.   | 89451    |
| 75 | or/47-74   | 12421494 |
| 76 | 46 and 75  | 965      |
| 77 | exp animals/ or exp invertebrate/ or animal experiment/ or animal model/ or animal tissue/ or animal cell/ or nonhuman/  | 22641899 |
| 78 | human/ or normal human/ or human cell/   | 16853325 |
| 79 | 77 not (77 and 78)   | 5835335  |
| 80 | (news or editorial or comment).pt.   | 500856   |
| 81 | 76 not (79 or 80)  | 964      |
| 82 | limit 81 to exclude medline journals   | 105      |
| 83 | (abstract or conference or conference paper or conference proceeding or conference proceeding article or conference proceeding conference paper or conference proceeding editorial or conference proceeding note).pt.                            | 2895376  |
| 84 | 81 and 83  | 324      |
| 85 | 82 or 84   | 398      |
| 86 | limit 85 to embase   | 394      |
| 87 | limit 86 to yr="2000-Current"  | 387      |
| 88 | remove duplicates from 87  | 384      |

### Database: Cochrane Library

Dato: 25.02.2016

Treff: 47

| ID  | Search                            | Hits  |
|-----|-----------------------------------|-------|
| #1  | [mh ^Adolescent]                  | 85116 |
| #2  | [mh Child]                        | 173   |
| #3  | [mh ^"Child, Orphaned"]           | 17    |
| #4  | [mh ^"Child, Unwanted"]           | 0     |
| #5  | [mh ^"Child, Abandoned"]          | 3     |
| #6  | [mh ^"Homeless Youth"]            | 26    |
| #7  | [mh ^Minors]                      | 8     |
| #8  | [mh ^"Young Adult"]               | 199   |
| #9  | {or #1-#8}                        | 85294 |
| #10 | [mh ^"Child Welfare"]             | 352   |
| #11 | [mh ^"Child Custody"]             | 13    |
| #12 | [mh ^"Child Protective Services"] | 0     |
| #13 | [mh ^"Custodial Care"]            | 1     |
| #14 | [mh ^"Foster Home Care"]          | 102   |
| #15 | [mh ^"Social Work"]               | 193   |

|     |  |       |
|-----|--|-------|
| #16 | [mh ^"Social Work, Psychiatric"]   | 37    |
| #17 | [mh ^"Group Homes"]  | 46    |
| #18 | [mh ^"Halfway Houses"]   | 18    |
| #19 | [mh ^"Orphanages"]   | 7     |
| #20 | [mh ^"Hospitals, Psychiatric"]   | 250   |
| #21 | [mh ^Institutionalization]   | 189   |
| #22 | [mh ^Inpatients]   | 838   |
| #23 | [mh ^"Mental Health Services"]   | 661   |
| #24 | [mh ^"Rehabilitation Centers"]   | 279   |
| #25 | [mh ^"Residential Facilities"]   | 165   |
| #26 | [mh ^"Residential Treatment"]  | 144   |
| #27 | [mh ^"Substance Abuse Treatment Centers"]  | 362   |
| #28 | {or #10-#27}   | 3401  |
| #29 | #9 and #28   | 530   |
| #30 | [mh ^"Child, Institutionalized"]   | 48    |
| #31 | [mh ^"Adolescent, Institutionalized"]  | 1     |
| #32 | {or #29-#31}   | 576   |
| #33 | [mh ^"Decision Making"]  | 1958  |
| #34 | [mh ^"Consumer Participation"]   | 243   |
| #35 | [mh ^"Patient Participation"]  | 1010  |
| #36 | [mh ^"Patient Compliance"]   | 8640  |
| #37 | [mh ^"Patient Rights"]   | 7     |
| #38 | (participation* or decision next/1 mak* or decision-mak* or shared next/1 decision* or (informed near/1 treatment*)):ti,ab,kw  | 15297 |
| #39 | {or #33-#38}   | 23466 |
| #40 | #32 and #39  | 41    |
| #41 | ((child next/1 (custody or protect* or welfare)) or social next/1 work* or "out of home" or (foster next/1 (home* or car*))):ti,ab,kw  | 1347  |
| #42 | (orphanage* or halfway next/1 house* or group next/1 home* or ((boy* or girl* or community) next/1 home*)):ti,ab,kw  | 176   |
| #43 | ((mental next/1 (institution? or health or hospital?)) or (residential* near/2 (care or institution* or facilit* or treatment* or therap* or program*)) or institutionali*):ti,ab,kw   | 9506  |
| #44 | (psychiatric next/1 hospital* or rehabilitation* or treatment next/1 cent*):ti,ab,kw   | 17694 |
| #45 | {or #41-#44}   | 27538 |
| #46 | ((adolescent* or child or children or boy* or girl* or juvenile* or kid or kids or minor or minors or preschool or pubescent* or teen* or underage* or under-age* or youngster* or youth or (young next/1 (adult* or m?n or wom?n or people or person*))) near/2 (decision next/1 mak* or decision-mak* or shared next/1 decision* or view* or voice* or perspective* or opinion*)):ti,ab,kw | 329   |
| #47 | #45 and #46  | 19    |
| #48 | #40 or #47 Publication Year from 2000 to 2016, in Cochrane Reviews (Reviews and Protocols), Other Reviews, Trials and Technology Assessments   | 47    |

#### Database: EBSCO CINAHL

Dato: 25.02.2016

Treff: 1309

|    |  |         |
|----|--|---------|
| 1  | (MH "Adolescence+") OR (MH "Child+") OR (MH "Minors (Legal)")  | 450,422 |
| 2  | MH Child Welfare   | 9,563   |
| 3  | Mh Child Custody   | 8,523   |
| 4  | MH Child Health Services   | 5,107   |
| 5  | MH Foster Home Care  | 2,915   |
| 6  | MH Social Work   | 10,970  |
| 7  | MH Social Work, Psychiatric  | 634     |
| 8  | MH Social Workers  | 7,015   |
| 9  | MH Halfway Houses  | 101     |
| 10 | (MH "Orphans and Orphanages")  | 709     |
| 11 | MH Hospitals, Psychiatric  | 42      |
| 12 | MH Institutionalization  | 1,488   |
| 13 | MH Inpatients  | 59,472  |
| 14 | MH Mental Health Services  | 19,158  |
| 15 | MH Child Health Services   | 5,107   |
| 16 | MH Residential Care  | 4,217   |
| 17 | MH Residential Facilities  | 2,877   |
| 18 | S2 OR S3 OR S4 OR S5 OR S6 OR S7 OR S8 OR S9 OR S10 OR S11 OR S12 OR S13<br>OR S14 OR S15 OR S16 OR S17  | 115,702 |
| 19 | S1 AND S18   | 26,244  |
| 20 | MH Decision Making   | 21,799  |
| 21 | MH Consumer Participation  | 10,822  |
| 22 | MH Patient Compliance  | 16,624  |
| 23 | MH Patient Rights  | 4,961   |
| 24 | TI ( (participation# or "decision mak*" or "decision-mak*" or "shared decision*" or (informed N1 treatment*)) ) OR AB ( (participation# or "decision mak*" or "decision-mak*" or "shared decision*" or (informed N1 treatment*)) )   | 53,138  |
| 25 | S20 OR S21 OR S22 OR S23 OR S24  | 96,869  |
| 26 | S18 AND S25  | 5,784   |
| 27 | TI ( ((child W0 (custody or protect* or welfare)) or "social service*" or "social worker*" or "out of home" or (foster W0 (home# or car*))) ) OR AB ( ((child W0 (custody or protect* or welfare)) or "social service*" or "social worker*" or "out of home" or (foster W0 (home# or car*))) )   | 13,803  |
| 28 | TI ( (orphanage# or "halfway house*" or "group home*" or ((boy# or girl# or community) W0 home#)) ) OR AB ( (orphanage# or "halfway house*" or "group home*" or ((boy# or girl# or community) W0 home#)) )   | 614     |
| 29 | TI ( ((mental W0 (institution# or health or hospital#)) or (residential* N2 (care or institution* or facilit* or treatment* or therap* or program*)) or institutional*) ) OR AB ( ((mental W0 (institution# or health or hospital#)) or (residential* N2 (care or institution* or facilit* or treatment* or therap* or program*)) or institutional*) )   | 51,439  |
| 30 | TI ( ("psychiatric hospital*" or rehabilitation# or "treatment cent*") ) OR AB ( ("psychiatric hospital*" or rehabilitation# or "treatment cent*") )   | 52,069  |
| 31 | S27 OR S28 OR S29 OR S30   | 113,683 |
| 32 | TI ( ((adolescent* or child or children or boy# or girl# or juvenile# or kid# or minor# or preschool or pubescent# or teen# or teenager# or underage* or under-age* or youngster# or youth or (young W0 (adult# or m?n or wom?n or people or person#))) N2 (engagement# or empowerment# or involvement# or participation# or "decision mak*" or "decision-mak*" or "shared decision*" or choice# or view# or voice# or perspective# or (informed N1 treatment*) or right#)) ) OR AB ( ((adolescent* or child or children or boy# or girl# or juvenile# or kid# or minor# or preschool or pubescent# or teen# or teenager# or underage* or under-age* or youngster# or youth or (young W0 (adult# or m?n or wom?n or people or person#))) N2 (engagement# or empowerment# or involvement# or participation# or "decision mak*" or "decision-mak*" or "shared decision*" or choice# or view# or voice# or perspective# or (informed N1 treatment*) or right#)) ) | 6,598   |

33 S31 AND S32 846  
 34 S26 OR S33 6,512  
 35 (PT randomized controlled trial) OR (PT clinical trial) OR (PT research)  
     987,23  
 36 (MH randomized controlled trials) OR (MH clinical trials) OR (MH intervention  
     trials) OR (MH nonrandomized trials) OR (MH experimental studies) OR (MH pretest-  
     posttest design+) OR (MH quasi-experimental studies+) OR (MH multicenter studies  
     160,098  
 37 TI ( (randomis\* or randomiz\* or randomly or trial or intervention# or effect# or  
     impact# or multicenter or "multi center" or multicentre or "multi centre" or controlled  
     or (before N4 after) or (pre N4 post) or ((pretest or "pre test") and (posttest or "post  
     test")) or quasiexperiment\* or "quasi experiment\*" or evaluat\* or "time series" or "time  
     point#" or "repeated measur\*") ) OR AB ( (randomis\* or randomiz\* or randomly or  
     trial or intervention# or effect# or impact# or multicenter or "multi center" or multi-  
     centre or "multi centre" or controlled or (before N4 after) or (pre N4 post) or ((pretest  
     or "pre test") and (posttest or "post test")) or quasiexperiment\* or "quasi experiment\*"  
     or evaluat\* or "time series" or "time point#" or "repeated measur\*") )  
     702,443  
 38 S35 OR S36 OR S37 1,253,471  
 39 PT systematic review 39,012  
 40 MH systematic review 24,960  
 41 (MH systematic review) OR (MH meta analysis) 36,060  
 42 TI ( ((systematic N1 (review\* or overview\*)) or overview of overview\* or "meta-  
     analy\*" or metaanaly\*) ) OR AB ( ((systematic N1 (review\* or overview\*)) or overview  
     of overview\* or "meta-analy\*" or metaanaly\*) ) 59,451  
 43 S39 OR S40 OR S41 OR S42 82,659  
 44 (MH Observational Methods) OR (MH Nonexperimental Studies) OR (MH Prospective  
     Studies) OR (MH Controlled Before-After Studies) OR (MH Cluster Analysis) OR  
     (MH Quantitative Studies) (MH Comparative Studies) OR (MH Control Group) OR (MH  
     Correlational Studies) OR (MH Exploratory Research) OR (MH Cross Sectional Studies)  
     OR (MH Panel Studies) 295,607  
 45 TI ( (cohort\* or "observation stud\*" or "observational\* or ((control\* or compar\*)  
     W0 (group\* or area\* or site\*)) or nonexperimental or "non-experimental" OR "panel  
     stud\*" OR cluster\* OR "comparative stud\*" OR "evaluation stud\*" OR "longitudinal" OR  
     experiment\*) ) OR AB ( (cohort\* or "observation stud\*" or "observational\* or ((control\*  
     or compar\*) W0 (group\* or area\* or site\*)) or nonexperimental or "non-experimental"  
     OR "panel stud\*" OR cluster\* OR "comparative stud\*" OR "evaluation stud\*" OR "longi-  
     tudinal" OR experiment\*) ) 19,112  
 46 S44 OR S45 314,717  
 47 S38 OR S43 OR S46 1,289,266  
 48 S34 AND S47 4,210  
 49 PT (editorial OR "letter to the editor" OR newspaper OR commentary) 345,819  
 50 S48 NOT S49 4,164  
 Limiters - Exclude MEDLINE records; Published Date: 20000101-20161231  
     1,384

**Database: Web of Science Core Collection: Citation Indexes (SCI-EXPANDED -- 1975-present; SSCI --1975-present**

Dato: 25.02.2016

Treff: 661

# 5 661  
 #3 AND #4 Indexes=SCI-EXPANDED, SSCI Timespan=2000-2016  
 27 Vedlegg

# 4 10,486,342

TS=("randomised" or "randomized" or "randomly" or "trial" or "multicenter" or "multi center" or "multi centre" or "multicentre" or intervention\$1 or "controlled" or ((control\* or compar\*) NEAR/0 (group\* or area\* or site\*)) or "before and after" or "pre and post" or ((pretest" or "pre test") and ("posttest" or "post test")) or quasiexperiment\* or "quasi experiment\*" or pseudoexperiment\* or "pseudo experiment\*" or evaluat\* or effect\$1 or impact\$1 or "time series" or "time point\*" or "repeated measure\*" or cohort\* or observational\* or "panel stud\*" or cluster\* or "comparative stud\*" or "correlational stud\*" or "evaluation stud\*" or "longitudinal" or experiment\* or "non-experimental" or "nonexperimental" or (systematic\* NEAR/1 (review\* or overview or search\*)) or metaanaly\* or "meta-analy\*" or "overview of overview\*")

# 3 1,064

#1 AND #2

# 2 143,997

TS=("child custody" or "child protect\*" or "child welfare" or "social work\*" "out of home" or "foster home\*" or "foster car\*" or orphanage\$ or "halfway house\*" or "group home\*" or ((boy\$ or girl\$ or community) NEAR/0 home\$) or "mental institution\*" or "mental health" or "mental hospital\*" or (residential\* NEAR/2 ("care" or institution\* or facilit\* or treatment\* or therap\* or program\*)) or institutionali\* or "psychiatric hospital\*" or "rehabilitation cent\*" or "treatment cent\*")

# 1 10,135

TS=((adolescent\* or "child" or "children" or boy\$ or girl\$ or juvenile\$ or kid\$ or minor\$ or "preschool" or pubescent\$ or teen\$ or teenager\$ or underage\* or under-age\* or youngster\$ or "youth" or ("young" NEAR/0 (adult\$ or m\$n or wom\$n or "people" or person\$))) NEAR/2 ("decision mak\*" or "decision-mak\*" or "shared decision\*" or view\$ or voice\$ or perspective\$ or opinion\$))

## **Database: ProQuest (Social Services Abstracts & Sociological Abstracts)**

Dato: 25.02.2016

Treff: 317

### **Søkesett 1:**

((SU.EXACT("Children") OR SU.EXACT("Adult Children") OR SU.EXACT("Preschool Children") OR SU.EXACT("Foster Children") OR SU.EXACT("Adopted Children")) AND (SU.EXACT("Child Welfare Services") OR SU.EXACT("Child Custody") OR SU.EXACT("Foster Care") OR SU.EXACT("Clinical Social Work") OR SU.EXACT("Social Work Cases") OR SU.EXACT("Social Work") OR SU.EXACT("Mental Hospitals") OR SU.EXACT("Hospitalization") OR SU.EXACT("Mental Health Services") OR SU.EXACT("Residential Institutions") OR SU.EXACT("Institutionalization (Persons)") OR SU.EXACT("Residential Institutions") OR SU.EXACT("Juvenile Correctional Institutions")) AND (SU.EXACT("Decision Making" OR "Participative Decision Making" OR "Patients Rights") OR TI,AB,SU(participation\* OR "decision mak\*" OR "decision-mak\*" OR ((user\* OR consumer\* OR client\*) PRE/0 involvement\*)))) AND (SU.EXACT("cohort analysis" OR "longitudinal studies" OR "epidemiology" OR "time series analysis" OR experiments OR "comparative analysis") OR DTyPe("Systematic review") OR TI,AB,SU(randomised OR randomized OR randomly OR trial OR multicenter OR "multi center" OR "multi centre" OR multicentre OR intervention\* OR controlled OR ((control\* OR compar\*) NEXT/0 (group\* OR area\* OR site\*)) OR "before and after" OR "pre and post" OR ((pre-test OR "pre test") AND (posttest OR "post test")) OR quasiexperiment\* OR "quasi experiment\*" OR pseudoexperiment\* OR "pseudo experiment\*" OR evaluat\* OR effect\* OR impact\* OR "time series" OR "time point\*" OR "repeated measure\*" OR cohort\* OR observational\* OR "panel stud\*" OR cluster\* OR "comparative stud\*" OR "evaluation stud\*" OR longitudinal OR experiment\* OR "parallel design" OR nonexperimental OR

"non-experimental" OR (systematic\* NEAR/1 (review\* OR overview OR search\*)) OR metaanaly\* OR "meta-analy\*" OR "overview of overview\*")

## Søkesett 2:

(TI,AB,SU((adolescent\* OR child OR children OR boy[\*1] OR girl[\*1] OR juvenile\* OR kid[\*1] OR minor[\*1] OR preschool OR pubescent\* OR teen[\*1] OR teenager[\*1] OR underage\* OR "under-age\*" OR youngster\* OR youth OR "young adult\*" OR "young m?n" OR "young wom?n" OR "young people" OR "young person\*") NEAR/2 ("decision mak\*" OR "decision-mak\*" OR "mak\* decision\*" OR "user involvement\*" OR "consumer involvement" OR "client involvemnet" OR view\* OR voice\* OR perspective\* OR opinion\*)) AND TI,AB,SU("child welfare" OR "child custody" OR "child protective services" OR "out of home" OR "foster home\*" OR "foster car\*" OR orphanage[\*1] OR "halfway house\*" OR "group home\*" OR ((boy OR girl OR community) PRE/0 home) OR "mental institution\*" OR "mental health" OR "mental hospital\*" OR (residential\* NEXT/2 (care OR institution\* OR facilit\* OR treatment\* OR therap\* OR program\*)) OR institutional\* OR "psychiatric hospital\*" OR "rehabilitation cent\*" OR "treatment cent\*") AND (SU.EX-ACT("cohort analysis" OR "longitudinal studies" OR "epidemiology" OR "time series analysis" OR experiments OR "comparative analysis") OR DTyPe("Systematic review") OR TI,AB,SU(randomised OR randomized OR randomly OR trial OR multicenter OR "multi center" OR "multi centre" OR multicentre OR intervention\* OR controlled OR ((control\* OR compar\*) NEXT/0 (group\* OR area\* OR site\*))) OR "before and after" OR "pre and post" OR ((pretest OR "pre test") AND (posttest OR "post test")) OR quasiexperiment\* OR "quasi experiment\*" OR pseudoexperiment\* OR "pseudo experiment\*" OR evaluat\* OR effect\* OR impact\* OR "time series" OR "time point\*" OR "repeated measure\*" OR cohort\* OR observational\* OR "panel stud\*" OR cluster\* OR "comparative stud\*" OR "evaluation stud\*" OR longitudinal OR experiment\* OR "parallel design" OR nonexperimental OR "non-experimental" OR (systematic\* NEAR/1 (review\* OR overview OR search\*)) OR metaanaly\* OR "meta-analy\*" OR "overview of overview\*")

## Database: Epistemonikos

Dato: 25.02.2016

Treff: 60

((((title:((child OR children OR adolescent OR "young people" OR "young adult" OR minor OR teenager OR underage OR youth)) OR abstract:((child OR children OR adolescent OR "young people" OR "young adult" OR minor OR teenager OR underage OR youth))) AND (title:(("decision making" OR "user involvement" OR "make decision" OR "making decision") OR abstract:(("decision making" OR "user involvement" OR "make decision" OR "making decision")) AND (title:(("child welfare" OR "child custody" OR "child protective services" OR "social work" OR "out of home" OR "foster home\*" OR "foster care" OR orphanage OR "halfway house" OR "group home" OR "mental institution\*" OR "mental health" OR "mental hospital\*" OR "residential care" OR "residential facilities" OR "residential treatment" OR institution OR "psychiatric hospital" OR "rehabilitation center" OR "treatment center) OR abstract:(("child welfare" OR "child custody" OR "child protective services" OR "social work" OR "out of home" OR "foster home\*" OR "foster care" OR orphanage OR "halfway house" OR "group home" OR "mental institution\*" OR "mental health" OR "mental hospital\*" OR "residential care" OR "residential facilities" OR "residential treatment" OR institution OR "psychiatric hospital" OR "rehabilitation center" OR "treatment center)))))))

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## Vedlegg 2 - Liste over relevante referanser

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**Tabell 1. Inkludert studie som omhandler effekt av rådgivningsmetode for barn og unge (n=1)**

| Referanse  | Sammendrag   | Kommentar   |
|--|--|---|
| Westermann GM, Verheij F, Winkens B, Verhulst FC, Van Oort FV. Structured shared decision-making using dialogue and visualization: A randomized controlled trial. Patient Education and Counseling 2013;90(1):74-81. | Objective: The aim of this study is to evaluate a method, "Counseling in Dialogue" (CD), developed to increase the quality of counseling in youth mental health. Decisional conflict was used as indicator of the quality of counseling and shared decision-making. Methods: 94 children aged 2-12 years were randomized into a CD group and a care as usual (CU) group. In a before-and-after design decisional conflict was measured using the decisional conflict scale (DCS) for parents (N = 133) and the Provider Decision Process Assessment Instrument for therapists (PDPAI, N = 20). 81 children had follow-up data. Results: Compared with parents of the CU group, parents of the CD group reported significantly less decisional conflict after counseling (difference mothers: - 0.38 (95%CI - 0.56; - 0.19), p < .001; fathers: - 0.22 (95%CI - 0.44; - 0.01), p = .045). 98% of the mothers and 96% of the fathers in the CD group accepted the recommended treatment, compared to 71% (fathers) and 77% (mothers) in the CU group, p < 0.05. Decisional conflict of the therapists was low in both groups after counseling (difference: - 0.03 (95%CI - 0.19; 0.14), p = .741). Conclusion: The counseling procedure significantly lowered decisional conflict of the parents and promoted the acceptance of the recommended treatment. | Kontrollert studie<br>Beslutningstaking ved bruk av dialog og rådgivnings-metoden<br>Tidsskrifts-artikkel |

**Tabell 2. Liste over mulige relevante oversikter om brukermedvirkning (n=6)**

| Referanse  | Sammendrag  | Kommentar   |
|--|---|---|
| Feenstra B, Boland L, Lawson ML, Harrison D, Kryworuchko J, Leblanc M, et al. Interventions to support children's engagement in health-related decisions: a systematic review. BMC pediatrics 2014;14:109. | <p><b>BACKGROUND:</b> Children often need support in health decision-making. The objective of this study was to review characteristics and effectiveness of interventions that support health decision-making of children. <b>METHODS:</b> A systematic review. Electronic databases (PubMed, the Cochrane Library, Web of Science, Scopus, ProQuest Dissertations and Theses, CINAHL, PsycINFO, MEDLINE, and EMBASE) were searched from inception until March 2012. Two independent reviewers screened eligibility: a) intervention studies; b) involved supporting children (<math>\leq 18</math> years) considering health-related decision(s); and c) measured decision quality or decision-making process outcomes. Data extraction and quality appraisal were conducted by one author and verified by another using a standardized data extraction form. Quality appraisal was based on the Cochrane Risk of Bias tool. <b>RESULTS:</b> Of 4313 citations, 5 studies were eligible. Interventions focused on supporting decisions about risk behaviors (n = 3), psycho-educational services (n = 1), and end of life (n = 1). Two of 5 studies had statistically significant findings: i) compared to attention placebo, decision coaching alone increased values congruence between child and parent, and child satisfaction with decision-making process (lower risk of bias); ii) compared to no intervention, a workshop with weekly assignments increased overall decision-making quality (higher risk of bias). <b>CONCLUSIONS:</b> Few studies have focused on interventions to support children's participation in decisions about their health. More research is needed to determine effective methods for supporting children's health decision-making.</p> | Systematisk oversikt<br>Tiltak for å støtte barns engasjement i helserelaterte beslutninger<br>Tidsskrifts-artikkel |
| Coad JE, Shaw KL. Is children's choice in health care rhetoric or reality? A scoping review. Journal of Advanced Nursing 2008;64(4):318-327.   | <p><b>AIM:</b> This paper is a report of a scoping review examining children and young people's health services with respect to choice in order to inform future development of choice initiatives. <b>BACKGROUND:</b> The importance of including children and young people in the choice agenda reflects the increasing acknowledgement that, individually and collectively, they are important consumers of health care in their own right. <b>DATA SOURCES:</b> A scoping review of all major health and medical research databases was undertaken using current guidelines to identify original relevant research papers and grey literature sources from 1990 to 2006. <b>REVIEW METHODS:</b> Reference Manager software was used to collate, summarize, categorize, store and retrieve the search results. Papers meeting the inclusion criteria were read in full and descriptively summarized using a data extraction sheet. Each paper was repeatedly selected using a snowballing approach until saturation was reached. <b>RESULTS:</b> Children and young people want more say in the planning and development of appropriate hospital and community health services. However, little evaluative research was found about whether these choices are acted upon and lead to more responsive services. <b>CONCLUSION:</b> Choice for children and young people is viewed as a positive development in health care and many innovative examples of their involvement in decision-making were found. These illustrated that, given the opportunity, children and young people are willing and able to make decisions about their healthcare services. However, there is a long way to go before the rhetoric of the choice agenda is realized.</p>                 | Scoping oversikt<br>Barns valg i helsevesenet, er det retorikk eller realitet?<br>Tidsskrifts-artikkel              |

| Referanse   | Sammendrag   | Kommentar   |
|---|--|---|
| Vis SA, Strandbu A, Holtan A, Thomas N. Participation and health - a research review of child participation in planning and decision-making. <i>Child &amp; Family Social Work</i> 2011;16(3):325-335.  | Effective child participation in child protection proceedings has proved difficult to achieve in Norway. Although participation is in principle accepted as a human right and something of benefit to children, when children's health is at stake there is a tendency to view participation in decision-making processes by children as potentially disruptive to their well-being. The purpose of this study is to review the research evidence for effects, positive or negative, of participation on health outcomes for children in care. A scoping review of major health and social work research databases was undertaken. Searches in five databases yielded 1830 studies of which 21 were finally included in this review. Studies were included if a relationship between health and participation was evident from the data presented, even if this was not the main objective in the study at hand. We conclude that when participation is successful, it may have beneficial side effects. Chief among these are that participation may improve children's safety, increase the success of care arrangements and increase feelings of well-being for children involved. Evidence for long-term effects of successful or failed participation attempts on subsequent health outcomes is however largely absent. | Litteraturoversikt<br>Barns medvirkning i planlegging og beslutningstaking<br>Tidsskriftsartikkel           |
| Petersen K, Hounsgaard L, Nielsen CV. User participation and involvement in mental health rehabilitation: a literature review including commentary by Roger Minett and Deborah Harrison. <i>International Journal of Therapy &amp; Rehabilitation</i> 2008;15(7):306-314. | Aim: This review aimed to identify and evaluate research on user participation and involvement in mental health rehabilitation; how it is viewed from the users and the professionals perspectives, how it affects the processes and outcome of rehabilitation, and which theories and research methods are used. Method: Empirical research papers from 1997-2007 were reviewed. A systematic search of international electronic databases was performed, using the Matrix Method. Findings: Thirteen papers based on quantitative and qualitative methods were included. Differing perspectives on user involvement, barriers and factors furthering rehabilitation were key themes highlighted. User participation and involvement has a positive effect on development of social skills, on outcome of rehabilitation and assists the prevention of helplessness. Conclusions: Although sparse, existing research suggests that user participation and involvement has a positive effect on the process and outcome of rehabilitation in mental health. Exploration of this area would benefit from greater clarity of theoretical concepts around user participation, and further research should explore barriers to user involvement.   | Litteraturoversikt<br>Brukermedvirkning og involvering i mental helse rehabilitering<br>Tidsskriftsartikkel |
| Skorpen A, Anderssen N, Øye C, Bjelland AK. User participation in Norwegian research involving inpatient psychiatric patients. An overview of research literature. <i>Nordic Journal of</i>   | The current Norwegian national plan for mental health and other public documents emphasizes the need to include patient experiences and patient participation in treatment and organising psychiatric care. However; it is not clear whether this should apply to psychiatric research involving psychiatric inpatients, and Norwegian research that rely on the experiences of psychiatric inpatients seems scattered. There is a need to summarize this field, and the aim of the present analysis was to review Norwegian research based on psychiatric inpatients' experiences since 1970. A main finding is that during the 1970s the field was dominated by social scientists with fewer such studies in the 1980s while nursing scientists dominated the field since 2000. The relative absence of psychiatric inpatient's voices in psychiatric research may reflect a bio-medical approach to mental illnesses. A critical or relativist paradigm will on the other   | Litteraturoversikt<br>Brukermedvirkning i norsk forskning som   |

| Referanse   | Sammendrag  | Kommentar  |
|---|---|--|
| Nursing Research & Clinical Studies / Vård i Norden 2008;28(4):19-23.   | side nurture such research. Important aspects of the lives of psychiatric inpatients concern being locked up, experiencing organizational changes, and stigmatization as a psychiatric patient. Knowledge of these aspects may be gained only by asking patients themselves.  | involverer psykiatriske pasienter<br><br>Tidsskriftsartikkel   |
| Gallagher M, Smith M, Hardy M, Wilkinson H. Children and Families' Involvement in Social Work Decision Making. Children & Society 2012;26(1):74-85. | This review summarises the research literature on children's and parents' involvement in social work decision making, which is regarded, in policy terms, as increasingly important. In practice, however, it tends to be messy, difficult and compromised. Different individuals or groups may have different understandings of participation and related concepts, while differences of age and disability also mediate effective user engagement. The literature highlights common themes in effective participatory practice with both children and their parents. Central to this are the establishment of relationships of trust and respect, clear communication and information and appropriate support to participate. Adapted from the source document. | Litteraturoversikt<br><br>Barns og foreldres involvering i beslutningstaking i sosialt arbeid<br><br>Tidsskriftsartikkel |

**Tabell 3. Liste over mulige relevante studier om brukermedvirkning i institusjoner/sentre for mental helse (n=5)**

| Referanse  | Sammendrag   | Kommentar  |
|--|--|--|
| Holum LC. "Individual plan" in a user-oriented and empowering perspective: A qualitative study of "individual plans" in Norwegian mental health services. <i>Nordic Psychology</i> 2012;64(1):44-57.                     | The aim of this study is to describe what was emphasized as important in their Individual Plan-process by ten patients who were satisfied with their Individual Plan (IP), and also to explore how the process of development and use of the IP possibly can promote strengthened user participation. IP is both a process and a written master plan built on the user's own goals, needs and resources. It assumes an appointed service provider is coordinating the services involved and is intended to ensure increased user involvement and better coordination when extended services are needed. The study is based on two semi-structured interviews of patients, two years apart, and one interview of their coordinators. The analyses were based on Systematic Text Condensation. The findings comprise what the interviewees considered important in the process of development and use of an IP; how the goals were formulated and reached, to take active part in the IP process, to build up enough competence and knowledge to cope with daily life, as well as experiencing good relations with respect and mutuality, especially with the coordinator. These topics are not considered to be specific to IP but can be understood as more general aspects of adequate treatment and care. In any case, a well-functioning IP process seems to be able to improve user participation and empowerment. | Kvalitativ studie<br>Bruk av individuelle planer i norsk psykisk helsevern<br>Tidsskriftsartikkel                |
| Storm M, Hausken K, Knudsen K. Inpatient service providers' perspectives on service user involvement in Norwegian community mental health centres. <i>International Journal of Social Psychiatry</i> 2011;57(6):551-563. | Background: For two decades, mental health services in Norway have focused on service user involvement. Despite this, there is little knowledge about how inpatient mental health services have promoted user involvement. Aim: To examine service providers' reports of service user involvement at the individual and departmental levels in Norwegian community mental health centres (CMHCs). Methods: One hundred and eighty six (186) inpatient service providers in five CMHCs filled out a questionnaire. Results: Confirmatory factor analysis showed that service provider perceptions and awareness of service user involvement can be measured by three subscales: organizational user involvement; patient collaboration; and assisted patient involvement. Little user involvement was reported at the departmental level. Providers more often reported user involvement at the individual level. Providers in two of the CMHCs reported a somewhat higher degree of departmental-level user involvement. There were no significant differences across gender, age, leader position, profession and job tenure, though evening/night shift workers reported a lesser degree of user involvement. Conclusion: The results suggest that user involvement at the departmental level needs to be addressed in future efforts to promote user involvement in CMHCs.  | Tverrsnittstudie<br>Perspektiv på brukermedvirkning i norske distriktspsykiatriske sentre<br>Tidsskriftsartikkel |
| Storm M, Knudsen K, Davidson L, Hausken K, Johannessen JO. "Service user involvement in practice":   | Background: Modern mental health strategies emphasize the necessity of user participation, but only a few studies examine how user involvement can be promoted effectively. Aim: To study the possible effect of an intervention program designed to (1) increase attention to user involvement and (2) increase user involvement at the inpatient departmental level. Methods: The study has a quasi-experimental design, involving inpatient departments in five Norwegian Community Mental Health Centers (CMHCs). Two CMHCs received   | Evalueringsstudie  |

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| The evaluation of an intervention program for service providers and inpatients in Norwegian Community Mental Health Centers. <i>Psychosis: Psychological, Social and Integrative Approaches</i> 2011;3(1):29-40.   | the intervention, and were compared with three CMHCs that did not. The impact of the intervention was assessed with the Service User Involvement in Mental Health Scale (SUIM), a selection of items from the Consumer Participation Questionnaire (CPQ) and the Psychiatric Inpatient Experience Questionnaire (PIPEQ). One hundred and twenty-three service providers, 51 in the intervention group and 72 in the comparison group, and 47 inpatients took part in the study. Results: Providers in the intervention group reported higher mean scores at follow-up for the variables of organizational user involvement, patient collaboration, and carer involvement than the comparison group. The intervention program was not associated with inpatients reporting more satisfaction with care. Conclusion: An intervention program can be useful in increasing attention to service user involvement in inpatient mental health services. | "Brukermedvirkning i praksis": Evaluering av et program for tjenesteytere og pasienter i norske distriktspsykiatriske sentre        |
| Richter J, Halliday S, Grømer L, Dybdahl R. User and career involvement in child and adolescent mental health services: A Norwegian staff perspective. <i>Administration and Policy in Mental Health and Mental Health Services Research</i> 2009;36(4):265-277. | It has been suggested that user involvement in health care leads to improved services. The aim of the study was to explore attitudes towards user involvement of staff employed in Norwegian Child and Adolescent Mental Health Services (CAMHS). Most of the investigated mental health service staff expressed the opinion that users should be involved in the planning of their own treatment and generally have a positive attitude towards user involvement. Skepticism was related to some aspects of involvement and does not contradict their generally positive attitude towards user involvement.  | Tidsskriftsartikkel<br>Primærstudie<br>Et norsk perspektiv på bruker og omsorgsengasjement i barns og unges psykiske helsetjenester |
| Storm M, Hausken K, Mikkelsen A. User involvement in in-patient mental health  | Aims: This study presents development, empirical testing and validation of an instrument measuring service user involvement in in-patient mental health from the mental health professionals' perspective. Background: Service user involvement is high on the agenda in European mental health policies. In Norway, focus is on enhanced service user involvement at both the individual and organisational  | Tidsskriftsartikkel<br>Primærstudie   |

| Referanse  | Sammendrag  | Kommentar   |
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| services: Operationalisation, empirical testing, and validation. Journal of Clinical Nursing 2010;19(13-14):1897-1907. | <p>levels of in-patient mental health services. Mental health professionals are in an important position to ensure opportunities for real user involvement in in-patient mental health care. However, there is a need for more empirical knowledge on how mental health professionals attend to service user involvement. Design: Survey. Methods: A self-report questionnaire was designed and administered to 121 mental health professionals, with 98 responses, working in a community-based mental health centre in western Norway. Factor analysis procedures together with reliability testing were performed. Results: A 30-items instrument was developed. The instrument contains four components/subscales: (1) Democratic patient involvement (mean score 3.74, Cronbach's alpha 0.81), (2) Carer involvement (mean score 3.67, Cronbach's alpha 0.82), (3) Assisted patient involvement (mean score 4.05, Cronbach's alpha 0.78) and (4) Management support (mean score 4.10, Cronbach's alpha 0.75). These subscales were found to be essential to service user involvement in the context of in-patient mental health care. The total mean score for the instrument was 3.88, Cronbach's alpha 0.88. Conclusion: Empirical testing of the instrument demonstrates that the measurement of mental health professionals' perception of service user involvement has a reasonable level of construct validity and reliability. Relevance to clinical practice: We have developed a measurement instrument with items reflecting essential characteristics to user involvement in in-patient mental health services. We believe that answering this questionnaire on the subject user involvement can act as one step towards enhancing awareness of this issue and to assess user-oriented practices in treatment and services.</p> | <p>Bruk medvirkning i døgninstitusjoner for psykisk helsevern: Operasjonalisering, empirisk testing og validering av et instrument</p> <p>Tidsskriftsartikkel</p> |

**Tabell 4. Liste over mulige relevante studier fra barnevern og beslutningsprosesser (n=6)**

| Referanse   | Sammendrag   | Kommentar   |
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| Vis SA, Thomas N. Beyond talking - children's participation in Norwegian care and protection cases. European Journal of Social Work 2009;12(2):155-168. | The attempt to give children an effective voice in social work processes which can have substantial impact on their lives takes different forms in countries with varying professional cultures and legal frameworks. This paper reports on a study of children's participation in decision-making in care and protection services in Norway, which was carried out in conjunction with a project to support social work teams in enabling children to participate, using materials borrowed from England and Wales. The results showed that (a) taking an active part in decision-making did not correlate perfectly with (b) having an influence on the outcome. Cases were therefore classified as 'participation' or 'non-participation' using a combination of both the above criteria. Statistical analysis of the factors influencing children's participation enabled the proposition of a model which appeared to explain much of the variance. The results point to the inadequacy of equating social work conversation with children with effective participation in decision-making. | Deskriktiv studie<br>Barns delta-kelse i norske omsorg og beskyttelse tilfeller<br>Tidsskrifts-artikkel |
| Munro E. Empowering looked-after children. Child & Family Social Work 2001;6(2):129-137.  | Children's rights include the right to participation in decisions made about them. For looked-after children, this right is enshrined in the Children Act (England & Wales) 1989. This article reports the results of a study of children's views about their experience of being looked after and the degree of power that they felt they had to influence decision making. Their main areas of criticism were frequent changes of social worker, lack of an effective voice at reviews, lack of confidentiality and, linked to this, lack of a confidante. The findings are discussed in relation to recent policy changes. Specifically, the Looked After Children documentation and the Quality Protects initiative, by setting out uniform objectives and performance criteria, seem to restrict the freedom of local authority management and of social workers to respond to individual children's preferences, or to give weight to what the children themselves consider to be in their best interest   | Deskriktiv studie<br>Bemyndigelse av barn i om-sorg<br>Tidsskrifts-artikkel                             |
| Augsberger A. Youth participation in child welfare decision making: A focused ethnography. Dissertation Abstracts International Section A: Humanities   | This dissertation examines youth participation in child welfare decision-making in the context of permanency planning family team conferences. It explores the factors that influence youth attendance and participation in decision-making opportunities. It also examines the strategies conference facilitators use to engage youth in decision-making in permanency planning family team conferences. The study employed a focused ethnography design, characterized by relatively short-term field visits, intensive data collection and intensive data analysis. Data collection included observations of permanency planning family team conferences, followed by in-depth interviews with young people and conference facilitators. Grounded theory conventions for data analysis, including initial coding, focused   | Deskriktiv studie<br>Unges delta-kelse i barne-   |

| Referanse  | Sammendrag  | Kommentar  |
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| and Social Sciences<br>2014;74(9-A(E)):No Pagina-<br>tion Specified.   | <p>coding, theoretical coding, and analytic memos, were used. Data analysis focused on gaining a deeper understanding of how youth are incorporated into decision-making procedures, including a comparison of youth and conference facilitators' perceptions and experiences. It also explored the specific strategies facilitators used to engage youth in decision-making at the family team conference. The study findings demonstrate that youth attendance and participation in child welfare decision-making opportunities are influenced by the degree of relationship between youth and agency staff. Youth in the study valued workers who provided them with a combination of instrumental and emotional support. Factors that facilitated the development of a positive relationship with agency staff included, case continuity, non-judgmental listening, establishing trust, and transcending roles. Regarding facilitator engagement strategies, findings revealed two different facilitation styles: adult centric and youth centric. Adult centric facilitation placed adults at the center of decision making by failing to engage youth, silencing the youth voice, adopting the adult narrative, and going through the motions. Youth centric facilitation placed youth at the center of decision making by establishing trust, encouraging youth to speak, adapting the youth narrative, and demonstrating genuine care and concern. The facilitation styles are demonstrated through case illustrations and examples. The study's policy and practice implications, limitations and areas of further research are presented.</p> | <p>vernets beslut-<br/>ningsprosesser</p> <p>Doktorgrads-<br/>avhandling</p>   |
| Vis SA, Holtan A, Thomas<br>N. Obstacles for child par-<br>ticipation in care and pro-<br>tection cases-Why Norwe-<br>gian social workers find it<br>difficult. Child Abuse Re-<br>view 2012;21(1):7-23. | <p>Although some attempts are being made to increase children's participation in Norwegian child protection cases, much needs to be done in order to comply with the participation principle in the United Nations Convention on the Rights of the Child. This paper reports on a study of factors that are likely to predict if social workers will attempt to give children an effective voice in decision making processes. 53 child protection case managers and 33 social work students participated in a questionnaire survey in which they were asked to agree or disagree with 20 statements about child participation. Statistical factor analysis was used in order to identify underlying factors in the dataset. The results suggest three main reasons for children not being allowed to participate: communication difficulties (communication factor); because child participation was not deemed necessary (participation advocacy factor); or that participation was considered inappropriate because it might be harmful (protectionism factor). This research suggests that, if we are to improve participation within the child protection system, formal regulations and guidelines need to be accompanied by a greater attention to development of social work skills in working with children through participatory processes.</p>   | <p>Tverrsnittstudie</p> <p>Hindringer for<br/>barn i å delta i<br/>omsorg og be-<br/>skyttelses sa-<br/>ker. Hvorfor<br/>norske sosial-<br/>arbeidere sy-<br/>nes det er<br/>vansklig</p> <p>Tidsskrifts-<br/>artikkel</p> |
| Vis SA, Fossum S. Organiza-<br>tional factors and child  | Children in residential care tend to be less content with the quality of care arrangements and participation opportunities compared to children in foster care. This study explored possible differences in social workers' views about child participation and service quality.  | Deskriptiv stu-<br>die   |

| Referanse  | Sammendrag   | Kommentar   |
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| participation in decision-making: Differences between two child welfare organizations. Child & Family Social Work 2015;20(3):277-287.  | Hierarchical regression analyses were used to test if any differences may be explained by collaboration between professionals' and social workers' work engagement. We found that social workers from residential care services seem more prudent in letting children participate in case planning compared to social workers planning for foster care. Social workers' judgements of service quality were also highly affected by their organizational affiliation, but personal factors such as work engagement may also play a part. The differences we found regarding social workers' attitudes towards participation and their rating of service quality are associated with organizational culture. Understanding how organizations shape social workers' decisions to include or exclude children in care planning may help gain a more comprehensive understanding of what is needed to take the participation agenda forward.  | Organisatoriske faktorer og barnets deltagelse i beslutningsprosesser: Forskjeller mellom to barnevernorganisasjoner<br><br>Tidsskriftsartikkel           |
| Helgeland IM. Participation and Protection of Youngsters with Serious Behavior Problems in Norwegian Child Welfare Services. Sociological Studies of Children and Youth 2011;14:257-285. | Purpose -- Young people exhibiting serious behavior problems represent an enormous challenge for municipal child welfare services in Norway. In working with these youngsters, it is vital to create opportunities for them to participate in the decisions affecting their lives. The study aims to explore the dilemmas involving issues of participation on the one side and protection on the other: it is one where the child welfare worker is being required, on the one hand, to provide youths with an opportunity to participate in decisions affecting them while at the same time being required to protect those youths in their care from harming themselves in various ways. These two concerns of participation and protection are spelled out specifically in Article 12 of the UN Convention on the Rights of Children of which Norway is a signatory. Methodology -- This study draws from a qualitative reanalysis of interview data from a 15-year longitudinal study of 85 child welfare clients in Norway. They were followed up at three points in time: first when they became clients (age 14/15), next when they were young adults (age 20), and finally when they were 30 years old. All of these 85 informants had initially come to the attention of child protection authorities owing to the severity of their behavior problems. Findings -- The chapter describes how these young people experienced both participation and protection of the child welfare services at the time they were provided and later on when they had become adults. One important finding of the study is that, as adults, their opinions had changed and they then believed that the protection usually in the form of guardianship earlier provided to them as youngsters had been beneficial to them. | Kvalitativ studie<br><br>Undersøker dilemma om deltagelse og beskyttelse av unge med alvorlige aferdsproblem i norsk barnevern<br><br>Tidsskriftsartikkel |

**Tabell 5. Liste over andre mulige relevante studier om brukermedvirkning (n=2)**

| Referanse   | Sammendrag   | Kommentar   |
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| Coad J, Flay J, Aspinall M, Bilverstone B, Coxhead E, Hones B. Evaluating the impact of involving young people in developing children's services in an acute hospital trust. Journal of Clinical Nursing 2008;17(23):3115-3122. | Aims and objectives: The aim of this paper is to reflect on how an acute hospital trust involved a youth council comprising 17 young people aged 11-18 years to improve children's service delivery in one NHS trust in the UK. Background: Over the last decade, there has been an increased emphasis on the active involvement and participation of children and young people in the decision-making processes that affect them. However, one challenge in involving users in acute hospital trusts is how their views are used to develop services. For this reason, University Hospitals Coventry and Warwickshire NHS Trust, UK (University Hospitals Coventry and Warwickshire NHS Trust have given permission to have their name cited in the publication of this article) recognising the emerging national patient and public involvement agenda, planned and developed a youth council for the Trust in 2006. Process: The process of setting up the youth council is outlined. An evaluation workshop took place with 15 members of the youth council and their views are incorporated around three specific areas: Evidence that their involvement has improved trust services; Barriers to young people's voices being heard in service delivery; What could promote young people's involvement in healthcare services. Conclusion/Relevance to clinical practice: This paper describes the setting up of a youth council but also discusses the potential barriers and how to overcome them to promote young people's involvement in hospital trust service planning and development. Whilst the focus of the council was young people, the principles are of use to a wide range of clinical professionals faced with similar challenges.                                     | Deskriptiv studie<br>Beskrivelse av å involvere unge i utvikling av barns tjenester i et engelsk sykehus<br>Tidsskriftsartikkel             |
| Vaknin O, Zisk-Rony RY. Including children in medical decisions and treatments: perceptions and practices of healthcare providers. Child: Care, Health & Development 2011;37(4):533-539.  | Background: With growing awareness of the need to involve children in their own health-related decisions, attention has primarily focused on the concept of assent, or a minor's participation in a research trial or experimental treatment. This study attempts to broaden that focus by examining the perceptions and practices of healthcare providers with respect to the role of children in more routine healthcare decisions and treatments. Methods: In total, 103 nurses and 40 physicians who work in a hospital in Israel completed self-administered perceptions and practices questionnaires. Results: Many participants agreed that children should be included in decision making. Factors that respondents felt would influence their approach to a particular child included child behaviour (80%), child communication (66%), experience of child, parent and healthcare provider (90%) and type of medical intervention (60%). Responses differed between physicians and nurses. In response to the question 'How often do you suggest the following methods to achieve child participation in treatment?' most respondents reported that they provide an explanation (98%) and recruit the parents (90%). The use of play was reported by only 63% of the professionals. Conclusion: This study demonstrated that many healthcare providers recognize the need to include children in routine health-related practices and outlined factors healthcare providers use in deciding when to include children in medical decisions. Involving children in even the minute aspects of everyday decisions and treatments can allow children to feel part of the process, improve their co-operation, increase their sense of control and affect future healthcare encounters. | Tverrsnittsstudie<br>Helsepersonells oppfatninger og praksis av inkludering av barn i medisinske beslutninger og behandling<br>Tidsskrifts- |

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